

[PLEDGE OF ALLEGIANCE]

Unleashed 9.10.18

Season 10

Episode 10

Total 711

Coming up ... we'll explain why you need to be at school at 6: 00 am on Friday morning.

And you will hear more from the jazz band and how they are tuning up for a competition.

PLAY TENNIS TEASE WITH DIEGO DELGADILLO.

I'm BETHANY OH

And I'm SARAH NEVINS

Today is September 10th

And UNLEASHED begins... NOW.

[INTRO_NEWS_QUARRY BOWL]

Good morning Wildcats. This is Quarry Bowl week.

On Friday night, your Wildcats play their first SFL league game ... less than one mile away ... against the Rocklin Thunder.

Student tickets are on sale tomorrow morning, at 7:15 am, at the student store. You are limited to one ticket, for eight dollars, with your id card.

The remaining tickets are on sale Wednesday, at 7:15 am, in front fo the gym. Tickets on Wednesday are ten dollars.

[NEWS_QB_MORNING RALLY]

Good Day Sacramento is live, in the gym, Friday morning. They will have several live segments, featuring you, at the morning rally.

This is a great opportunity to show school spirit, win prizes, eat donuts, and practice chants the students will use at Friday night's game. Doors open at 6:00 am and close at 6:30. Don't miss the Quarry Bowl morning rally, Friday, on Good Day Sacramento.

[NEWS_QB_T-SHIRT]

After you buy your Quarry Bowl ticket, don't forget to pick up this year's t-shirt. In past, both the game and the shirt sell-out. Here is a video the leadership team made for Friday Night's game.

[NEWS_SUICIDE PREVENTION]

This is National Suicide Prevention week. The leadership team and the counseling department are working together to raise awareness about the topic. The counselors are hosting a lunchtime workshop on how to help a friend, by knowing the warning signs. The workshop is tomorrow, in the Library, at lunch. Also, make sure to wear teal or purple on Wednesday and come together in the

amphitheater for information on what to do if you know someone who is thinking about suicide.

[NEWS_JAZZ]

And ... The Whitney Jazz Band is practicing several new pieces for their upcoming performances. Take a listen ...

Recently the band performed at Quarry Park for Patriot Day and played Good Time Charlie and Ginger Bread Boy. The band is also practicing for a competition at Sacramento State. If you want to join the Jazz Band or to find out when they are performing next, see Mr. Harper in the band room.

[NEWS_CLUB SHIELD]

The leadership team needs club presidents to stop by the student store, to pick up their club shield. This is the shield that you will decorate for club rush. They are due back to the student store by Friday.

[NEWS MOCK INTERVIEW]

And ... Senior Mock Interviews are September 20th and 21st.

Over 50 volunteers are on campus for two days to interview the entire senior class. Remember that you must arrive early to your appointment, have your resume and cover letter printed, and dress for success.

[INTRO TO THE WORD]

Now ... many seniors are trying to figuring out what they want to do in the future.

And many are using their last year to reflect on the memories they've made. Here's Tabitha Bland with more in your "Word around Campus."

[THE WORD]

UP FIRST, Senior, Sam Baker SHARED THIS ON ... Instagram WITH THE HASHTAG WHSUNLEASHED.

In this photo, Sam is wearing police gear at the Rocklin Police Department. Sam said during her internship at the Summer Civic Career Program, police officers taught her how to use a taser, and gear up for safety precautions such as searching a building. The officers also gave her inside information on the criminal justice system and allowed her to sit in on dispatch calls with an extra pair of earphones.

AND THIS WEEK WE ASKED YOU to tell us your favorite memory from the Quarry Bowl USING THE HASHTAG WHSUNLEASHED.

Senior, Ava Jeung said her favorite Quarry Bowl memory was from last year. Ava and her friends decided to match outfits for the student section. In this picture, Ava is with seniors, Vice president Niki Morgan, secretary, Avery Van der Linden and voice of Whitney Marin Bauer. They are all wearing matching cheetah print shorts last year in the student section.

NOW, we went on twitter to find out WHAT'S TRENDING... and this artist uses the sun as his paint without using paint brushes.

Artist Michael Papadakis is far from average using the sun to carve designs on a wooden canvas. He only carries around magnifying glass and mirror. Michael uses these two supplies to reflect the sun's light onto the wood. Michael said using the sun as his palette was a way to cut back on the cost of regular

materials.

[OUT WORD_BE RIGHT BACK]

And Michael said it took him about 6 years to perfect his sun-made art.

Comment about the WORD...

Comment about the WORD ... We'll be right back.

[WELCOME BACK_ASVAB]

WELCOME BACK ... and thank you Zach Schreiner and Sam Schwander for that commercial.

Now, here are some opportunities you can find in the College and Career Center ... The ASVAB test is September 24th, at 1:15, in the library.

The ASVAB is a timed aptitude test that measures your abilities.

It helps predict future academic options and possible careers. Sign up in the career center to take the test.

[CAREER_COLLEGE VISITS]

There are several college reps visiting the career center over the next few days. Here are a few ...

St. Mary's will have a speaker here tomorrow. Point Loma, Drexel, and Arizona State will have representatives here on Wednesday. And the University of Oregon will have a representative here on Thursday. Pick up a pass if you are interested in attending a presentation.

[CAREER_WALKER CREEK]

And ... there is an opportunity to earn community service hours and help elementary school students.

If you like hiking and camping, and you like working with young students, sign up to help. Sierra Elementary is looking for camp chaperones to go to Walker Creek Ranch from October 1 through 5th. You need to be a current junior or senior and at least 16 years old.

[INTRO_WEATHER]

Now ... it is time to see if we will finally have a break from the hot weather.

Let's see if the warm weather will continue ... Here's JULIA RUCCIONE with your forecast.

[WEATHER]

- TODAY - SUNNY / NOW - 69 / 12:42 - 85 / 2:40 - 88

Thanks Sarah and Bethany, as we look outside right now it is 69 degrees and we have clear skies as it warms up to today's high of 93.

Right after school, you should see sunshine and temperatures in the mid-80's.

And if you are heading out to Golf practice later today it should be 88 degrees.

- FUTURE FORECAST - DAY 1 - TU / SUNNY / H - 87 / L - 57

Now here is a look at the next three days. Tomorrow, the high is 87 degrees and temperatures will begin to cool down.

- FUTURE FORECAST - DAY 2 - WED / Partly Cloudy / H - 78 / L - 52

On Wednesday, look to wear a light jacket in the morning and feel a cool breeze at 78.

- FUTURE FORECAST - DAY 3 -TR / Partly Cloudy / H - 78 / L - 51

And on Thursday, it should be another cool day with a high again of 78 degrees.

Now, here is one last look at your forecast ...

And even though we will see some cooler air in the middle of the week, it looks like it will warm back up into the 80's by the end of the week.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update JULIA...

[INTRO SPORTS]

And now it is time for sports ... the tennis team played Roseville in a non-league match.

Let's send it over to ANTHONY BAGLIETTO with the highlights, in the Full Court Press...

[SPORTS_SEGMENT]

****FULL COURT PRESS***

ANTHONY BAGLIETTO

[GOODBYE]

Thanks Anthony ... And to be featured in the show, don't forget to answer next week's question, and tell us about your favorite Quarry Bowl memory.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.